



Birth Doula Packages

As birth and bereavement doulas, we strive to support mothers and families through any and ALL pregnancy and birth situations that may occur. Our doulas will act as a friend, provide support and be an advocate for the expecting mother and/or family. Packages for birth doula support are below:

Just the Basics \$150

- Virtual only support for families who want the basics
- Identifying and planning for your support needs via unlimited phone/text/email support throughout pregnancy
- Options for skype/video chat
- Postpartum support via phone/text/email

Ready to Meet Baby \$500

- 2 Prenatal Visits
- Identifying and planning for your support needs
- Unlimited phone/text/email support throughout pregnancy
- 24/7 on call availability 2 weeks prior to due date
- Continuous birth support
- Postpartum support via phone/text/email

Beautiful Baby \$600

- 2 Prenatal Visits
- Identifying and planning for your support needs
- Unlimited phone/text/email support throughout pregnancy
- 24/7 on call availability 2 weeks prior to due date
- Continuous birth support
- Postpartum support via phone/text/email
- 2 Postpartum visit (Two 2hr visits)

Hello Baby \$1300

- 2 Prenatal Visits
- Identifying and planning for your support needs
- Birth plan consultation
- Unlimited phone/text/email support throughout pregnancy
- 24/7 on call availability 2 weeks prior to due date
- Continuous birth support
- Birth photography by Emily Ann
- Postpartum support via phone/text/email
- 2 Postpartum visit (Two 2hr visits)



EXTRAS

Consultation- Birth Planning \$50

- Help with organizing your thoughts and plans for your birth. We can discuss your options and create a plan based on your wishes, hopes and needs.

Belly Casting- options available

- We offer several options of our casting service. This affordable option allows for you to take home the cast, once complete and to decorate or finish on your own.

Postpartum Care- Customize options and packages to meet your needs

-Take advantage of our hourly rates or allow us to customize a package specific to your needs.

-Find out what postpartum support options might include for you, here.